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Fabio's 30-Minute Italian: Over 100 Fabulous, Quick And Easy Recipes



Synopsis

“In this amazing book, Fabio shows you how to make delicious Italian dishes easily and quickly! It’s the next best thing to having him in your kitchen.” —Antonia Lofaso, Chef and Restaurateur of Scopa Italian Roots, The Local Peasant, Sycamore Tavern and Black Market Liquor Bar
Dinner doesn’t have to be daunting. In half an hour or less you can cook up an Italian meal at home like a professional chef. In this case, just like Top Chef star Fabio Viviani. Infused with his warmth and humor, this book brings Fabio into your kitchen. If Fresh Fettuccini with Manila Clams and Spicy Sausages and Chicken Pizzaiola with Mozzarella and Pepperoni seem like recipes that are out of reach, think again. Fabio shows home chefs how to cook “Grandma Style” (that is, like an intuitive Italian), and even those on a tight schedule will soon be whipping up great dinners. The over 100 no-fail recipes include Mascarpone and Ricotta-Stuffed Peaches, 15-Minute Seafood Cioppino, and Salted Caramel Chocolate Cake. Fabio’s 30 Minute Italian provides lots of time saving tips, from freezing batches of herbs and dressing to making your own pasta dough in three minutes tops. Along the way, Fabio shares stories from his early life in Florence where he apprenticed at age five to his wheel-chair-bound and wooden-spoon-wielding great-grandmother to his American life cooking dinner for his wife and infant son in Chicago. Gorgeously illustrated throughout, and filled with his through-the-roof energy and charisma, Fabio’s 30 Minute Italian is guaranteed to make you enjoy your time in the kitchen and the results!

Book Information

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Customer Reviews

"An easy bevy of easy recipes that are wonderfully innovative." *—Epicurus* "Viviani seems to know just what people want, and his new book, Fabio's 30-Minute Italian, is a case in point."

Flavors Magazine "Featuring satisfying recipes from a popular personality and gorgeous photographs from noted blogger Armendariz, this title is sure to be in demand." *Library Journal* "[An] accessible cookbook...offers instruction on making classic, whole-wheat, and gluten-free pastas, and provides 16 hearty and fancy variations, including rigatoni with roasted shrimp, marinated crab, and red pepper sauce, as well as fettuccine with salmon, dill, zucchini ribbons, and Romano sauce."

Publishers Weekly "One of the best things I ever ate on Top Chef was a meatball Fabio threw together in a few minutes off camera back at the cast house. I knew he was handsome and charming, but in that moment I knew he was also an incredibly talented soulful cook. With each and every 30 minute meal you will fall more in love with him like I did. One meatball; bromance of the ages..."

Richard Blais, author of *So Good* and Chef/Owner of Juniper & Ivy and Crack Shack "Fabio Viviani has a new attitude now that he's a husband and a dad, and I'm loving it! In his latest cookbook, he shows us that our love of good Italian food doesn't, and shouldn't, take all day in the kitchen. If you have 30 minutes to invest in yourself and your family, this is the cookbook to do it."

Carla Hall, chef and author of *Cooking with Love* and *Carla's Comfort Foods* "In this amazing book, Fabio shows you how to make delicious Italian dishes easily and quickly! It's the next best thing to having him in your kitchen."

Antonia Lofaso, Chef and Restaurateur of Scopa Italian Roots, The Local Peasant, Sycamore Tavern and Black Market Liquor Bar

FABIO VIVIANI is a chef, culinary personality, restaurateur, and former Top Chef fan favorite. His restaurants have received great critical acclaim. Viviani has 17 restaurants currently open, with 4 more to come in 2017. A frequent guest on the Food Network and food programs on several other channels, Viviani is the host of the Telly and Webby award-winning web series "Chow Ciao!" on Yahoo and "Fabio's Kitchen."

I have loved watching Fabio with his great sense of humor about food and life in general on Hallmark Channels Home & Family show and have tried several of his dishes he has featured on it. His recipes are simple, easy to replicate Italian dishes that are very tasty.

Fabio gives wonderful tips, nit heard before, and his food is fresh, easy, authentic and tasty.....a lovely book.

Was a great Mother's Day gift for my daughter!

read through the whole book. can't wit to try the recipes.

Love the recipes!

Love this book. Fabulous and easy recipes

Great recipes !

Easy to follow directions, produced delicious results. Loved the menus

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